



**TOUR** **2010** **DE GAP**  
BENEFITING THE FOOD BANK OF WEST CENTRAL TEXAS

**JULY 24, 2010**  
**BUFFALO GAP, TEXAS**  
**BENEFITING**  
**THE FOOD BANK OF WEST CENTRAL TEXAS**

**11 MILES    27 MILES    52 MILES    77 MILES**

**[WWW.TOURDEGAP.WORDPRESS.COM](http://WWW.TOURDEGAP.WORDPRESS.COM)**  
**[WWW.BIKETOWN.COM](http://WWW.BIKETOWN.COM)**

# TOUR DE GAP TOUR & RACE

Please join us at the Old Settler's Reunion Grounds in Buffalo Gap, Texas for the 8th Annual Tour de Gap Race & Tour, an event of the Abilene Bicycle Club since 1983. The ride has attracted over 250 riders for the last several years.

Buffalo Gap is located 9.1 miles south of the Mall of Abilene and 3.6 miles from the Abilene city limits on Buffalo Gap Road (Farm Rd 89). Follow Buffalo Gap Road south out of Abilene to the town of Buffalo Gap. Enter town and follow the Y (intersection of Appleton and East St.) to the right (sharp curve). The Old Settler's Grounds are on the left side of the road. Registration will take place under the Pavilion.

The event will benefit the Food Bank of West Central Texas, a non-profit organization that helps feed the hungry in Abilene and the surrounding thirteen counties. In 2009, the Food Bank distributed over 3 million pounds of food to 150 member agencies. These include church pantries, soup kitchens, group homes, daycare facilities and other non-profits that provide services to the needy.

**REST STOPS:** Rest areas will be placed at convenient intervals and at the finish line. Port-a-potties will be available. There will also be food and water available at the finish area.

**SAG VEHICLES:** Vehicles will be roaming the routes throughout the ride to transport riders and their bikes.

**ROUTES:** All routes will be well marked with signs as well as chalk markings on the road.

## SATURDAY, JULY 24, 2010

**WHERE: OLD SETTLER'S REUNION GROUNDS**

Pick up registration packets and route maps starting at 6:30 a.m.

**TIME:** Ride starts at **8 a.m.**  
Routes close at **2 p.m.**

**CATEGORIES:**

*Men* 18 and under, 19 - 29, 30 - 39, 40 - 49, 50 - 59, 60+

*Women* 18 and under, 19 - 29, 30 - 39, 40+

**Prize categories are for the 77 mile race.**

**RESULTS AND AWARDS:**

All results will be posted in the pavilion. Award ceremony for the 77 mile race will be at the pavilion starting at approximately 1 p.m. There will be swag raffles throughout the day for each route as they finish.

## ACTIVITIES FOR EVERYONE

- ◆ Buffalo Gap offers a unique shopping experience with stores at The Plaza and sprinkled throughout a 2 - 3 block area (all walking distance from the Start/Finish Line).
- ◆ You can visit the Buffalo Gap Historic Museum, or tour a local artist's gallery.
- ◆ Need to cool down during the day? The State Park swimming pool is just down the road.
- ◆ If you prefer the city, the Mall of Abilene is only 9.1 miles away. You can shop or take in one of the latest movies while your friends or family ride in the Tour de Gap.

## ROUTES

This year's routes will be starting and ending at the Old Settler's Reunion Grounds in Buffalo Gap. All riders will be timed by Cadence Sports. There is a distance for everyone: 11 miles, 27 miles, 52 miles, and 77 miles. For a map of this year's routes, please go to [www.tourdegap.wordpress.com](http://www.tourdegap.wordpress.com), and click on the link for the maps.

## HELMETS REQUIRED

# biketown



### MORE INFORMATION:

Contact Person:  
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[www.biketown.com](http://www.biketown.com)

# REGISTRATION

To pre-register, complete form, sign waiver below, and mail with a check payable to FOOD BANK OF WEST CENTRAL TEXAS, 5505 North 1st, Abilene, TX 79603 no later than July 3, 2010. **Pre-registration ends on July 3 and is \$25. Entry after July 3 is \$30.**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail address: \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_

Age \_\_\_\_\_

T-Shirt Size \_\_\_ YS \_\_\_ YM \_\_\_ YL \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL

Check Category \_\_\_ 11 mile \_\_\_ 27 mile \_\_\_ 52 mile \_\_\_ 77 mile

Entry Fee \$ \_\_\_\_\_ **\$25 per rider pre-registered (\$30 after July 3)** - includes T-Shirt for first 200 paid entries  
\_\_\_\_\_ **Free child entry** - Age 14 years and younger ride free with paying adult  
\_\_\_\_\_ I want to make an additional tax-deductible donation to  
\_\_\_\_\_ the Food Bank of West Central Texas.  
\$ \_\_\_\_\_ **Total**

*The ride will take place regardless of weather.*

**WAIVER, RELEASE AND INDEMNITY AGREEMENT.** With full knowledge that bicycle riding is a hazardous activity, and in consideration of your accepting this entry, I, intending to be legally bound for myself (and my minor child, as applicable), my heirs, executors and administrators, do hereby waive and release any and all rights, claims, or causes of action that I (or my minor child, as applicable) now or may in the future have against the Tour de Gap organizers, including without limitation the Abilene Bicycle Club, BikeTown, and the Food Bank of Abilene, Inc. dba Food Bank of West Central Texas and their respective members, officers, directors, employees, agents and representatives, and any other individual or entity associated with the Tour de Gap in any manner or respect (hereafter referred to collectively as the "Organizers"), for any injuries, property damage or other damage suffered or incurred by me (or my minor child, as applicable) as a direct or indirect result of my (or my child's) participation in the Tour de Gap, and for the same consideration I agree to hold harmless and indemnify the Organizers of and from any claims or causes of action hereafter asserted against any of the Organizers as a direct or indirect result of my (or my child's) participation in the Tour de Gap. ***THIS WAIVER, RELEASE AND INDEMNITY AGREEMENT INCLUDES, WITHOUT LIMITATION, CLAIMS OR CAUSES OF ACTION RESULTING FROM, OR ALLEGED TO RESULT FROM, THE NEGLIGENCE, GROSS NEGLIGENCE, MALICE OR INTENTIONAL WRONGFUL ACTS OR OMISSIONS OF ANY OF THE ORGANIZERS.***

Signature of entrant: \_\_\_\_\_ Date: \_\_\_\_\_

Must have a waiver signed by each rider. You may make copies of this form if needed.

***All participants must complete and sign a waiver. Parent or guardian must sign for persons under 18 years of age.***